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communities every Tuesday.

Call Dan Clark at 461-4306 or 469-0101

Iron Mountain Outfitters opens La Mesa Store



P.J. McAdams at Iron Mountain Outfitters in La Mesa.

A month-long grand opening will be held at the new location of Iron Mountain Outfitters, 8493 La Mesa Blvd., La Mesa. Mark and P.J. McAdams are the owners of this unique retail clothing store specializing in rugged outdoor wear.

Iron Mountain carries famous, century-old brands like C.C. Filson and Carhartt. This is the only store in San Diego County that sells the complete lines of these brands, which are premier manufacturers of top-quality, durable clothes. These USA-born companies have withstood the test of time with reputations of being the premier outfitters for tough clothing.

You will like the selection of jackets, shirts, bib overalls, shorts, fishing vests and work pants, to name just a few. Check out the fine line of camouflage clothing for hunters and the new stylish camo colors for the younger generation.

Many construction workers use Iron Mountain Outfitters as their supplier of tough work clothes. See Iron Mountain Outfitters for your camping and seasonal needs.

Hours are Tuesday - Friday, 11 - 6, and Saturday, 10 - 5. Closed Sunday and Monday. The store is located across the street from Alan's Music Center. Call P.J. at 440-6164, or stop by and share some outdoor stories with her.

Tuesday, June 9, 1998

Tuesday
LIVE!

Sports ⚾ Fitness 🏋️ Recreation

THE LEMON GROVE

REVIEW



East County gains two more CIF Baseball titles

by Greg Eichelberger

It doesn't seem fair, but once again East County has dominated two out of the three CIF baseball finals, as Monte Vista and Granite Hills now reign supreme in the realm of the local high school game.

Perhaps the only reason it did not win a third jewel in the crown was because it was not represented in Div. III (Christian having lost to Bishop's in the semis).

The finals were played, for the first time, at San Diego State's Tony Gwynn Field, an intimate park just right for showcasing the *creme de la creme* of the prep season.

With a record of 23-9-1 (9-3 while finishing second in the Grossmont South League), and an impressive run through the play-offs, the Monarchs continued that trend by thrashing last year's CIF Division II runner-ups, the University of San Diego High School (26-7), 10-2, for its first ever championship.

Before the game, head coach and one-time minor league player, Mark Smelko, told his troops to "just go out and have a good time," and that's exactly what they did.

"I'm really proud of this team this year," said Smelko after the contest. "After finishing second (to Granite Hills) in our conference, we were a little down, but we put it all together in the post-season."

That might just be the understatement of the year. With the drubbing of the Dons, Monte Vista has outscored its post-season opponents by an

incredible score of 31-5. Not a bad time to start rolling up such big numbers.

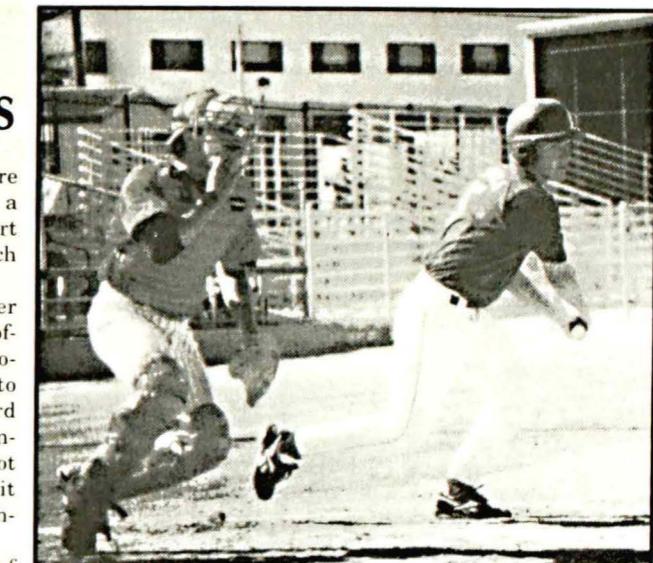
The skipper credited the offensive pyrotechnics to working hard during the winter, but could not explain why it all came together at this time.

Facing one of the best pitchers in the county, Uni's Mark Prior (15-2, 0.91 ERA), may have seemed a bit daunting, as the Monarchs went down 1-2-3 in the first.

The team made it clear that despite its recent absence from the finals (they last appeared in 1993, losing to Vista, 5-0, while still a Div. I school), it could play with the more experienced Dons, turning in several sparkling defensive plays in the bottom of the first.

In the second, first baseman Jeff Hankla staked MV to a lead by driving in two with a double. A 6-4-3 twin killing got Monarch's hurler Royce Ring (who defeated Montgomery in the semifinals) out of trouble in the second.

In the third, he managed to pitch out of trouble, but in the fourth, he was touched for two runs, including a solo circuit clout by Carlos Quentin, but that was all USDHS would muster the



Jeff Hankla's 2-run double got things started for Monte Vista during the Monarch's 10-2 win over USDHS during Div. II finals at Tony Gwynn Stadium at SDSU on Saturday. USDHS catcher Nick Guerra can only watch helplessly. Photo by Greg Eichelberger

entire afternoon. The Monarch's Troy Perdue then singled in two in the fifth.

Taking advantage of a series of miscues and mental mistakes by Uni, Monte Vista wrapped this one up by scoring six times in the sixth, the big blow being a two-run triple by outfielder Joey Metropoulos.

Reliever Jared Hemus was untouchable in the next two innings and the mad celebratory rush was on.

"I just wanted to have the ball in my hands with the game on the line," said junior closer Hemus (7-3).

"When coach Smelko and (former Padre Chris) Cannizaro came and told us (in the seventh) that we were the best team they'd ever coached, I was even

Continued on Page 3

Community Notes

McClean receives pin

Longtime Lemon Grove resident Marcella McClean (on right in photo) received a gold Membership pin from Membership Chairwoman Marie Triolo at the May meeting of the Rolando Woman's Club.

The gold pin was awarded by the California Federation of Women's Clubs because she brought in five new members to the federation during the calendar year 1997.



Stroke lecture, blood pressure screenings set

Grossmont Hospital is holding a free "Stroke Smart" lecture and screening from 9 to 11 a.m. on Thursday in classroom 15 of the Brier Patch Campus, located at 9000 Wakarusa St., La Mesa. Learn the risk factors and warning signs during the lecture, and then discover how well you are at the screening afterwards. Registration is required by calling 1-800-82-SHARP.

Free blood pressure screenings will take place at four locations in the East County. Participants blood pressures will be taken by a registered nurse, and no appointment is necessary.

The locations and times are as follows: from 10:30 a.m. to noon on June 18 at the Edgemore Senior Center, 9065 Edgemore Drive, Santee; from 9:30 to 11 a.m. on June 19 at the La Mesa Senior Center, 8450 La Mesa Blvd.; from 9:30 to 11:30 a.m. on June 20 in the Macy's Court at Grossmont Center, located at 5500 Grossmont Center Drive, La Mesa; and from 9:30 to 11:30 a.m. on June 24 at the Senior Resource Center of the Briar Patch Campus located at 9000 Wakarusa St., La Mesa.

PUBLIC NOTICES

NOTICE OF TRUSTEE'S SALE TS No. 97-0534-2854 Loan No. 1401240 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/16/93 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY IT MAY BE SOLD AT A PUBLIC SALE IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU YOU SHOULD CONTACT A LAWYER OR 6/15/98 at 10:00 AM LONESTAR MORTGAGE SERVICES, LLC, as duly appointed Trustee under and pursuant to Deed of Trust recorded 9/28/93, as instrument No 1993-0640979, in book page of Official Records in the office of the County Recorder of SAN DIEGO County, State of California. Executed by EVELYN S MAJESKI-GRAHAM. A WIDOW WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH OR CASHIER'S CHECK (payable at time of sale in lawful money of the United States) AT THE SOUTH ENTRANCE TO THE COUNTY COURT HOUSE, 200 W. BROADWAY IN SAN DIEGO, CALIFORNIA (NOTE: CASHIER'S CHECKS) MUST BE MADE PAYABLE TO LONESTAR MORTGAGE SERVICES, LLC, all right, title and interest conveyed to and now held by 4 under said Deed of Trust in the property situated in said County and State described as: As more fully described in the above mentioned Deed of Trust APN #57-310-58-00. The street address and other common designation, if any, of the real property described above is purported to be 7929 SUNSET TERRACE LEMON GROVE, CA 91945 The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust with interest thereon, as provided in the terms of the note(s) and the terms of the Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and responsible, estimated costs, expenses and advances, at the time of the initial publication of the Notice of Sale, \$16,000.00. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. Date: May 19, 1998 LONESTAR MORTGAGE SERVICES, LLC, as Trustee Christy McClung, Authorized Signature FOR TRUSTEE'S SALE INFORMATION PLEASE CALL (916)387-7728 ADDRESS 6750 HILLCREST PLAZA SUITE 108, DALLAS, TEXAS 75230 LONESTAR MORTGAGE SERVICES, LLC IS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE ASAP321836 5/26 6/2 6/9

Voting for: Sesson, Shelley
Clabby, Jandura, Lake
Abstain: None
The full text of said Ordinance is on file in the Office of the City Clerk at 3232 Main Street, Lemon Grove, California 91945.

CHRISTINE TAUB
FINANCE DIRECTOR/CITY CLERK

Lemon Grove Review
June 9, 1998

NOTICE OF TRUSTEE'S SALE
Title Order No. 2710705-15 Trustee
Sale No. 7-185 Reference No.
229895-8 APRN 577-735-02-00
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED
SEPTEMBER 26, 1994 UNLESS YOU
TAKE ACTION TO PROTECT YOUR
PROPERTY, IT MAY BE SOLD AT A
PUBLIC SALE. IF YOU NEED AN EX-
PLANATION OF THE NATURE OF
THE PROCEEDINGS AGAINST YOU,
YOU SHOULD CONTACT A LAWYER.
On June 22, 1998 at 12:00 P.M., Robert E. Weiss incorporated as the duly appointed Trustee under and pursuant to Deed of Trust recorded on September 26, 1994, as instrument No. 1994-0579423, in book page of Official Records in the Office of the Recorder of San Diego County, California, executed by Jose Martinez and Lupe Martinez, husband and wife, as Trustee Medallion Mortgage Company, A California Corporation, as Beneficiary WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn on a state or federal credit union, a check drawn on a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). At the entrance to the City Hall East, 300 North Coast Highway, Oceanside, CA all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California, as more fully described in the Land THEREIN. More fully described on said Deed of Trust. The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be 2145 Camino De Las Palmas, Lemon Grove, CA 91945. The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust with interest thereon, as provided in the terms of the note(s) and the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$148,289.18 Estimated Accrued interest and additional advances, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than one month have elapsed since such recordation. We are attempting to collect a debt, and any information we obtain will be used for that purpose. Date: 05/26/98
Robert E. Weiss incorporated as Trustee
920 Village Oaks Drive P.O. Box 3269
Covina, CA 91724
Telephone Number: (626) 967-4302
Cris A Klingerman, Esq.
Pub: 06/02/98, 06/09/98, 06/16/98
CNS1604148

SUMMARY OF AN INTERIM URGENCY ORDINANCE EXTENDING ORDINANCE NO. 276

On May 26, 1998, the City Council of the City of Lemon Grove, California, adopted Urgency Ordinance No. 282 pursuant to the urgency provision of Section 65858 of the California Government Code. Urgency Ordinance No. 282 extends Interim Urgency Ordinance No. 276 until April 1999, which institutes a moratorium prohibiting the issuance of massage parlor special operation licenses, massage parlor business licenses, and massage parlor adult entertainment permits within the City, until such time as a detailed study of the negative effects of such uses on other land uses may be completed.

This summary is published pursuant to Section 3693.3(c)(1) of the California Government Code.

The Lemon Grove Review

(USPS NO. 309-840)

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Box 127, Lemon Grove, CA
91946 • (619) 469-0101

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Adjudication Number 155392.

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\$40 yearly elsewhere in U.S.A.

Steven Saint, Publisher

Assistants to the publisher:
Erin Marie Payne, Trudy Thomas
Sports Editor: Marv Rosen
Contributing writers: Cheryl Cohen,
Greg Eichlerberger, Michael Krawczak,
Joe Naiman, Paul Treske,
Betty Jo Tucker

Submissions

Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope.

Material can be sent via e-mail at the following address: yscmr@adnc.com.

All materials must be received by the Monday preceding the date of publication. The editor reserves the right to edit all submissions.

Advertising

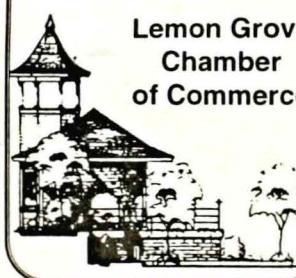
All advertising is subject to current rate card. The publisher reserves the right to reject an advertiser's order.

Only publication of an advertisement shall constitute final acceptance.

Send all correspondence to: Forum Publications, Inc., P.O. Box 127, Lemon Grove, CA 91946

Proud Member

Lemon Grove Chamber of Commerce



1994 Population: 25,100
Incorporated: 1977
Area: 3.75 sq. mi.
Median income: \$34,399
1996-97 city budget: \$26.3 million
1996 taxable sales: \$265 million

Mayor: Mary Teresa Sesson
Council: Thomas Clabby
Craig Lake
Dwight Shelley
Jeff Jandura

City Manager: Doug Yount
Planning Director: Linda Niles

City Attorney: Gloria McLean
City Clerk: Christine Taub
Sheriff's Capt.: Yolanda Collins

Congressional district:
52nd - Duncan Hunter
State Senate district:
40th - Steve Peace
State Assembly district:
77th - Steve Baldwin
Supervisory district:
2nd - Dianne Jacob

Libraries: 1
Post offices: 1



by Betty Jo Tucker

Many parents prefer more information about films than the Motion Picture Association of America provides in its rating system. To assist them, Forum publishes a monthly list of new releases with notations of specific areas that might cause concern.

This guide does not rate a film's artistic quality and is not intended as an attempt at censorship. It is offered only as a resource for parents.

During June, the following new movies will be playing at some of the local theaters:

ALMOST HEROES (PG-13). Two unknown explorers lead a band of misfits across the uncharted American West. Contains slapstick violence, crude language and partial nudity. (Chris Farley's last film)

A PERFECT MURDER (R). A millionaire plans the murder of his unfaithful young wife. Includes sexual situations, some profanity, nudity and a graphic murder.

BULWORTH (R). After taking out a contract on his own life, a depressed U.S. Senator finds himself telling the truth about race and wealth in America. Contains vulgar language, drug usage, a nude painting, infidelity and a shooting..

DIRTY WORK (PG-13). Two unemployed losers set up a revenge-for-hire business. Includes crude humor aimed at the adolescent in all of us.

FEAR AND LOATHING IN LAS VEGAS (R). Journalist and friend travel to Las Vegas and cover a narcotics enforcement convention. Contains excessive drug use, gross vomiting scenes, strong language, adult themes, gun use.

GODZILLA (PG-13). Giant lizard chooses New York City for nesting purposes. Includes mild profanity and the usual Godzillish gore.

HOPE FLOATS (PG-13). Former homecoming queen moves back to home town after learning of husband's infidelity. Contains adult themes and family deaths.

SIX DAYS, SEVEN NIGHTS (PG-13). Mismatched cargo pilot and managing editor become attracted to each other when their plane is forced to land on a deserted island. Includes some profanity, sexual situations, action violence and scorpions(!).

MULAN (G). Young Chinese woman, dressed as a boy, fights invading Huns to save her homeland. Includes animated battle scenes.

QUEST FOR CAMELOT (G). A knight's daughter searches for Excalibur: King Arthur's magic sword. Contains a parent's death and some mildly scary cartoon creatures.

THE LAST DAYS OF DISCO (R). A group of young people frequent popular disco club in the early 1980s. Includes drug use, nudity, sexual situations and strong language.

THE HORSE WHISPERER (PG-13). Cowboy helps teenage girl and her prize horse, both severely injured in a riding accident. Contains mild profanity, infidelity and a horrifying accident scene.

THE TRUMAN SHOW (PG). Jim Carrey plays a man who discovers his entire life has been a television show. Includes mild profanity.

Lemon Grove Fire Log

May 24, 1998

8200 blk. Golden Ave. Diabetic problem.
400 blk. Cardiff St. Possible Heart.

May 25, 1998

7400 blk. Central Ave. Threatening suicide.
2000 blk. Terrapiro Ave. Vegetation fire.
3100 blk. Dove Crest Ct. Evaluate for the Sheriff.
7200 blk. Broadway Ave. Traffic accident.

May 26, 1998

3100 blk. Massachusetts Ave. Dog bite.
2600 blk. Buena Vista Ave. Evaluate for the Sheriff.
3200 blk. College Pl. Medical aid.
2100 blk. Bonita St. Unresponsive.
2200 blk. Massachusetts Ave. Medical aid.

May 27, 1998

7800 blk. Lincoln St. Broken arm.
9700 blk. Riverview Ave. Move up.
3600 blk. Grove St. Medical aid.
1700 blk. Dayton Dr. Vegetation fire.
2000 blk. Ensenada St. Fall.

May 28, 1998

2800 blk. Massachusetts Ave. Medical aid.
2100 blk. Bonita St. Fall.
2200 blk. El Prado Ave. Assault victim.

May 29, 1998

7000 blk. Central Ave. Assist elderly.
3700 blk. Massachusetts Ave. Difficulty breathing.
2200 blk. Cypress Ave. Laceration.
1600 blk. Fairfax Dr. Medical aid.
600 blk. 64th St. Residential structure fire.
Canton Dr./Glencoe Dr. Vegetation fire.
7900 blk. Palm St. Chest pains.

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The Lemon Grove Review

Box 127, Lemon Grove, CA 91946

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The Business & Services Directory
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469-0101

Classified

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for sale

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health & fitness

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YOGA FOR BEGINNERS Wed., 11:30 a.m. & 5:15 p.m., Thurs., 11:30 a.m. 469-9642 6/4

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LOVE CANDLES? Be your own boss. Call Darlene 444-6251. 6/11

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for Lemon Grove and Spring Valley. About 4 hours per week on Thursdays. Vehicle and insurance needed. Call 697-6739

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TEACHER COORDINATORS to direct student exchange program in your area. 3-4 weeks in July. Begin now to locate host families, plan itinerary. Teach English and take trips. Call Cultural Homestay Int'l 1-800-772-7750 or fax resume 619-575-8330 5/21

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Message	_____
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Phone number	_____

Your ad will run in all six Forum Publications newspapers. Send your check for \$3 per line (30 characters and spaces) for each week with your ad to:
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Real Estate



If you're going to list or buy a home, let a real pro help you. Call Cookie or Joan today!

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\$125,000 Presilla, Rancho Jamul Estates, 2.67 acres, view.

\$59,000 Paraiso Ave., Spring Valley, 9250 sq ft., utilities in street.

\$49,000 Paraiso Ave., Spring Valley, 6000 sq. ft., both lots have fantastic view.

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LEMON GROVE \$139,500 1,131 esf. 3 BR, 1 BA Quality built stucco home on corner lot. All rooms are spacious. Beautiful hardwood floors. Large eat-in kitchen. Big yard fully fenced. This is RLH zoning so units are allowed. Close to shopping, buses.

LEMON GROVE: \$125,000 3 BR, 1.5 BA Lots for your money here. Freshly painted & cleaned. New carpets. Large kitchen, fireplace, light and bright. Nice view. 12 x 16 screened in porch for hot summer nights. Downstairs is a 14 x 26 basement and a 15 x 26 room that is already partially finished.

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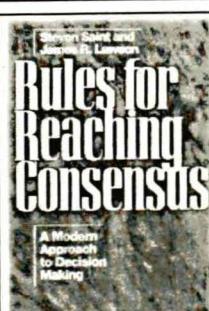
Local Authors

When food decisions are more important than left and right

Rules for Reaching Consensus

by Steven Saint & James Lawson

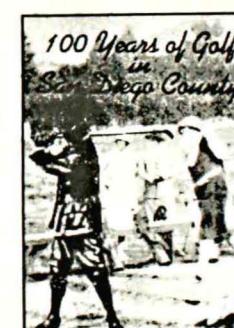
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Local Authors, Box 127, Lemon Grove, CA 91946

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 Lemon Grove Review Santee Star Spring Valley Bulletin

I wish to subscribe to the newspaper(s) I have checked above. I understand that 52 weekly issues will be mailed to me for only \$20.00 per year per newspaper (outside San Diego County in USA - \$40.00). I am enclosing my check to start my subscription(s).

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Mail to: Forum Publications, Inc., P.O. Box 127, Lemon Grove, CA 91946

Cal Games scheduled July

The 1998 California Games will be returning to San Diego July 10 - 19, with competition in a wide variety of sports for youngsters and adults.

Everything from archery and badminton to inline hockey and soccer will take place on a total of 20 venues from the ARCO Olympic Training Center in Eastlake to Oceanside in North County.

Opening ceremonies will take place at 8 p.m. on July 10 at Mesa College Stadium and an athletic party for the participants and their families will begin at 6:30 p.m. on July 11 at the Coronado Tidelands Park.

There is a limit of 2,000 tickets at \$5 each, which includes a meal and a raffle ticket. They may be purchased at the Town and Country at registration or at the gate.

Two events scheduled for East County are roller skating and synchronized swimming. Entry deadlines are July 21 for roller skating and June 26 for synchronized swimming.

Roller skating will be at Roller Skate Land in Santee. On July 18, precision events will be held from 4:15 - 6:15 p.m., roller figure skating will take place from 6 a.m. to 1 p.m. on July 19.

Synchronized swimming is scheduled at Valhalla High School in El Cajon on July 18 from 7:30 a.m. to 5 p.m.

Locations, times, deadline dates and contact person are as follows. For more information on the games, call 233-9950.

Sport	Date	Deadline	Contact
ARCO center			
Archery	July 11	June 19	Lloyd Brown 482-6158
Canoe/Kayak	July 10	June 25	Chris Simpson, 760-804-1541
Field Hockey	July 10-12	June 12	Ward Robbins, waltrobbins@aol.com
Soccer	July 10, 12	June 19	Jaime Wirick, 562-5252
Town and Country Hotel			
Fencing	July 17 - 19	June 17	Shanon Calay, 275-6737
Gymnastics	July 11-12	June 26	Glen Vaughn, 296-8411
Weightlift	July 10, 12	June 30	Bruce Moreland, 258-9938
Balboa Stadium			
Track/Field	July 11-12	June 23	Cal Games office, 543-4761
San Diego High School			
Judo	July 11	June 30	Jesse Jones, 279-7592
Taekwondo	July 11	June 30	Jack Amsell, 714-447-8199
Balboa Park Gym			
Badminton	July 17, 19	July 3	Sunny Kim, sunny@badminton.net
Mesa College			
Basketball	July 9 - 12	closed	(also at Tierrasanta Park)
Water Polo	July 10-12	June 30	
Sea & Air, Coronado			
Golf	July 12	closed	Diana Falar, 594-7665
Kit Carson Park, Escondido			
Softball	July 11-12	June 19	Cal Games office, 543-4761
Rollerhock.	July 11-12	June 22	
Univ. of San Diego			
Swimming	July 11	June 28	Cal Games Dir., 466-4178
(La Mesa Pool)			
Site TBA			
Speed skating	July 11	June 25	Don Lovato, 805-526-2079

LIVE! Beat with Greg Eichelberger

The recent death of Santana graduate Leon Bender (class of '93) made it painfully obvious that even the best-laid plans can go awry when we're dealing with our own mortality. And that even the youngest, strongest, fastest and fittest of us are not above kicking the proverbial bucket.

I remember the summer of 1979, when both Yankee catcher Thurman Munson and St. Louis Cardinal tight end J.V. Cain died in a plane crash and of a heart attack, respectively. In 1986, Maryland basketball star Len Bias overdosed on cocaine a day after he was drafted by the Celtics.

Others have followed in the drug-death syndrome, snipping short lives and careers that could have meant something positive to countless youth looking for role models.

Unlike some athletes who've passed on before him, though, Bender's demise seems to have been purely accidental, a result of a lifelong seizure condition.

Even his coach at Santana, Doug Coffin (now an assistant at Grossmont College), recalled the time when he collapsed during a routine practice, saying that he fell just like a "giant redwood tree." Those around immediately called 911. Evidently, it was a treatable medical condition.

The 6' 5", 300-pound defensive tackle then went on to Washington State, and even though he had to attend a junior college to boost his grades (because he was academically ineligible), he was still able to graduate two weeks ago.

Then, on May 12, he signed a \$3.5-million contract with Al Davis' Oakland Raiders. Now, all of that is over. With one swipe of his hand, the Grim Reaper has played a trump card which Bender (or any of us, for that matter) was unable to answer. He leaves behind a wife, a daughter, a father, a mother and four sisters.

The \$3 million is gone, too, but I doubt if that really matters very much to the grieving family, or his close friends, especially Coffin, who could only say what a shame it was for this to happen to so nice a guy. "It's so sad."

Perhaps we all should remember that each day could possibly be our last. It's not a very pleasant thought, but it, at least, give us a proper perspective on the whole thing.

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CIF baseball . . .

more determined to shut them down and wrap this thing up," he added.

The Div. I title game featured old league rivals, Granite Hills (27-6, 10-2, champs of the South) and Grossmont (27-6, 12-0, winners of the North Conference).

The Eagles, helmed by the legendary Gordy Thompson, last won the CIF title in 1994 (over Mira Mesa), while the Foothillers, led by Rob Phillips, were making their third straight appearance in the finals and were the defending champs.

Grossmont players found themselves in an unfamiliar situation and were beginning to fall apart mentally; cursing each call and slamming down equipment as they saw their crown slowly slipping away.

The two teams met midway through the season and Granite won, 3-1. Everything pointed to this being one of the best games of the year.

Mike Wilson (10-3, 1.65 ERA) one of the best pitchers in the county, didn't think so as he was greeted with a two-run, 400-plus HR by Grossmont's Beau Craig (just drafted in the third round by the Padres) in the top of the first; it appeared as if Grossmont was well on its way towards another title.

But, even though his team had won 16 games in a row, Phillips said that Craig's

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home run "would not be enough tonight."

His words proved to be prophetic as Granite Hills, through timely hits, a series of walks, questionable umpiring and just plain slovenly play by the Hillers, put up a five-spot against Marcos Mendoza (11-0) in the bottom of the second en route to a 6-2 triumph.

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Wilson, striking out 14 hapless Hillers while tossing a complete game, hammered the final nails in the coffin.

Like Monte Vista's Hemus, Wilson wanted to be on the hill with the game in the balance.

As for coach Thompson, he felt that this CIF jewel was his brightest. He said that winning in 1977 (as a rookie coach) showed him how hard it was to repeat (it took 17 years).

"This season, with all our difficulty, we still overcame and won," he added. "It's a



It was an emotional celebration by Granite Hills players after their CIF Div. 1 championship win.

Photo by Greg Eichelberger

great tribute to these young men and my staff."

Thompson was also a bit miffed by what he felt was a lack of respect for East County baseball, claiming that all throughout these

playoffs he kept hearing how good North County was.

"Well, three East County schools were in the finals, and two won championships," he said. "I guess now we will get some kind of recognition."

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Sports/Rec Notes

Local disabled student-athlete honored

Among the six high school student-athletes with disabilities receiving the state's Hal Connolly award for their achievements was El Capitan's Cameron Kincade.

Kincade, who has maintained a 3.783 grade point average, was able to participate in track and field events (shot-put and discus) despite Tourette's Syndrome.

The Lakeside student-athlete competed for all four high school years, including three on the varsity.

The awardees will receive \$1,000 each toward their college expenses.

No state medals for East County

The best any East County athletes was able to do at the state CIF Track and Field championships was by Dan Ames of El Capitan, who finished fifth in the shot-put and fourth in the discus.

Ames shot-put of 58-10 was almost eight feet short of the winners. His discus throw of 188-5 was 14 feet short of the top throw of 202. Valhalla was seventh in the girls 4x400 relay.

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